

APPETIZERS & SALADS

SEAFOOD CHOWDER * Atlantic haddock, shrimp, scallops & native crab meat, simmered in a rich creamy broth Bowl 9.95

LOBSTER-CORN CHOWDER * Fresh lobster meat, potatoes and sweet corn in a rich cream broth Bowl 9.95

1 1/2 LB MAINE STEAMED CLAMS with broth and drawn butter 21.95

PEEL & EAT COCKTAIL SHRIMP * 8 Medium gulf shrimp 13.95

MAINE LOBSTER SHELLS & CHEESE Shell pasta with our rich creamy cheese sauce with tomatoes confit, parsley & Maine lobster baked with asiago-herb crumbs 16.95 *without lobster meat* 8.95

ZESTY CHICKEN WINGS Chile-honey-citrus glaze 13.95

CLASSIC CAESAR * Hearts of romaine with our Caesar dressing, croutons, parmesan cheese and white anchovies
Full 13.95 Petite 8.95

THE HARBOR COBB * greens with diced bacon, hard boiled egg, crumbled blue cheese, ripe tomatoes, creamy avocado 16.95

LOBSTER -AVOCADO * Ripe avocado topped with Maine lobster salad, served over greens with sliced tomato 24.95

GREENS, DRIED FRUIT & NUTS Arugula, dried blueberries & cranberries, Chapman Tavern honey roast nuts
Full 11.95 Petite 6.95

SALAD ENHANCEMENTS: MAINE LOBSTER* 12.95 GRILLED SHRIMP *7.95 GRILLED CHICKEN *5.95

HARBOR INN FRIED SEAFOOD

Fried Golden Brown and Accompanied With French Fries, Cole Slaw And Our Famous Caper Mayonnaise

FISHERMANS PLATTER 36.95 A bounty of clams, shrimp, haddock and scallops *no substitutions

HALF & HALF 30.95 Choice Of Any Two: Scallops, Whole Belly Clams, Haddock or Fantail Shrimp

WHOLE BELLY CLAMS 29.95 - NATIVE SCALLOPS 27.95 - FANTAIL SHRIMP 26.95 - ATLANTIC HADDOCK 25.95

FLATBREADS & SANDWICHES

THE DOWN EASTER Our signature flatbread with roast garlic oil, chives, Maine lobster, & our three cheese blend 19.95

THREE CHEESE * Provolone, mozzarella, and parmesan over our tomato basil sauce 15.95

PEPPERONI OR ITALIAN SAUSAGE * Tomato sauce & imported cheeses with either pepperoni or house made sausage 16.95
1.00 EACH ADD: Cheese, Sausage, Bacon, Pepperoni, Onion, Mushrooms, Roast Red Peppers — Gluten Free Crust Add \$2.00

MARGHERITA* Farmhouse garlic cheese spread topped with sliced tomatoes, fresh basil and our seasoned pizza cheese 16.95

HARBORSIDE HADDOCK SANDWICH Fresh filet of haddock lightly crumbed and grilled, served with melted cheddar cheese and caper mayonnaise on a toasted bulkie roll 15.95

MAINE LOBSTER ROLL Fresh native lobster meat blended with a touch of mayonnaise & seasonings served on a grilled Brioche roll with chiffonade romaine 24.95 **Double Stuffed Lobster Roll**-Twice as much lobster! 44.95

TURKEY PUB CLUB A classic triple decker made with moist roast turkey breast, bacon, ripe tomatoes, mayonnaise and crisp lettuce layered with toasted multi grain bread 13.95

GOURMET SIRLOIN BURGERS Our 1/2 pound sirloin burger served with tomato and lettuce 14.95

1.00 EACH ADD: Swiss, Cheddar, American, Mushrooms, Onions, Or Bacon

ENTREES

MAINE LOBSTER* 1 1/4 LB STEAMED 27.95

10 OUNCE CHOICE NY SIRLOIN* Char-grilled served with our mushroom gravy 31.95 *Add buttered lobster* 12.95

PAN SEARED SCOTTISH SALMON* with lemon, garlic, and parsley 27.95

BAKED STUFFED HADDOCK fresh Haddock filled with our crab, shrimp and cracker stuffing, and baked with dilled crumbs butter and wine 28.95 * Also available broiled

ENTREES SERVED WITH OUR FAMOUS MASHED POTATOES & OVEN ROASTED ASPARAGUS

SEARED SCALLOP & SHRIMP LINGUINE with roasted red peppers, fresh basil, roast garlic artichokes and fresh linguine 28.95

PARMESAN CRUSTED CHICKEN PESTO lightly breaded chicken sautéed and served over shell pasta in a pesto cream with tomatoes confit and fresh mozzarella 26.95

CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS

STARRED ITEMS MAY BE GLUTEN FREE OR CAN BE MADE GLUTEN FREE WITH MINOR CHANGES, PLEASE CONSULT YOUR FOODSERVER